



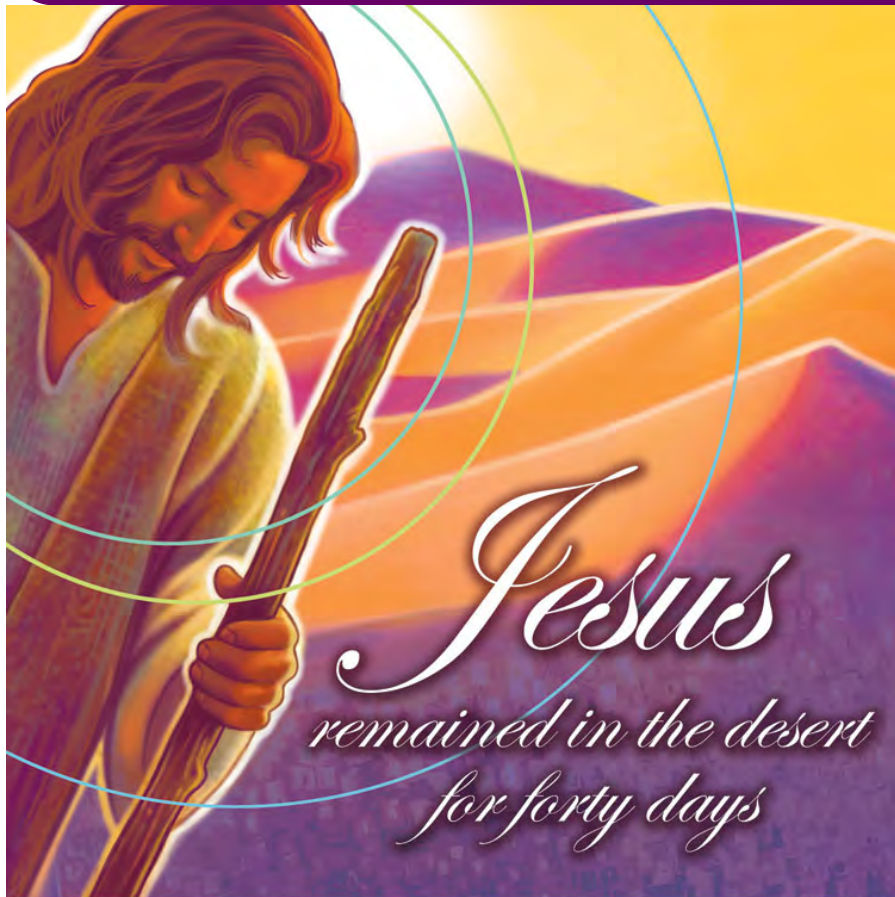
# Saint Theresa of Lisieux Parish

1041 Lyons Avenue, South Lake Tahoe, CA 96150-8241

Tel. (530) 544-3533 | Fax (530) 544-4662

EST 1951  
Diocese of Sacramento

sttheresa@tahoecatholic.com | www.tahoecatholic.com  
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**March 9, 2025**

**FIRST SUNDAY OF LENT  
CYCLE C**

Deuteronomy 26:4-10  
Psalms 91:1-2, 10-11, 12-13, 14-15  
Romans 10:8-13  
Matthew 4:4b  
Luke 4:1-13

**SUNDAY MASS TIMES**

Saturday | 5:30 PM  
Sunday | 9 & 11 AM  
7 PM (Spanish)

**DAILY MASS**

Monday - Thursday | 12PM

**EUCCHARISTIC ADORATION**

Thursday | 1230-6PM

**CONFESSIONS**

Saturday | 4-5PM

**PARISH OFFICE HOURS**

Monday—Friday | 9AM-4PM  
(closed for lunch 12-1PM)

**PAROCHIAL ADMINISTRATOR**

Fr. Marcel Emeh, SDS  
frmarcelstc@tahoecatholic.com  
530.544.3533

**STAFF**

Susan Lohmeier, Bookkeeper  
Alejandra Jimenez, Parish Secretary  
530.544.3533  
Maureen (Moe) Leonard, Music Director  
530.307.0151 | moeleonard@yahoo.com  
Karin Holmes, Music Minister  
Danette A. Winslow, Director, Religious Education  
sttheresare@gmail.com | 530.544.4788  
Joanie San Agustin, Technology Minister  
tahoecatholicbulletin@gmail.com

**SACRAMENTS & MINISTRY**

**Anointing of the Sick**  
530.544.3533

**Weddings**  
530.544.3533

**Baptism/RCIA**  
530.544.4788

**Bread & Broth**  
breadandbroth.org

**Back Door Pantry**  
Friday | 3-430 PM  
fdixon0714@gmail.com



Donate to Saint Theresa Catholic Church using your phone. Take a picture and check it out!

## MINISTRIES AND SACRAMENTS

### PREGNANT ? NEED HELP?

We offer practical help to any women with a crisis pregnancy. We have a special concern for you and your unborn child. For any help with a troubled pregnancy, (530) 544-3533.



### BAPTISMAL PREPARATION CLASSES

Call or visit the Religious Education Office 530.544.4788  
 SCHEDULE: [tahoecatholic.com/baptisms](http://tahoecatholic.com/baptisms)

### myParish APP

Download the myParish app and get easy access to resources around the parish and get instant messages for upcoming events.



### ST THERESA BACK DOOR PANTRY

The Backdoor Pantry offers free food for those in need. It is located on the southside of Grace Hall the first window. The Back Door Pantry is open every Friday from 3-430pm. If you would like to donate to the Back Door Pantry, there is a drop-off pantry box located at the back of the Church. Please, only non-perishable foods (no fresh or frozen items). Thank you.



Back Door Pantry

### KNIGHTS' CORNER



The Knights of Columbus are known worldwide for our extensive works of charity. Our reputation is well-deserved. Joining the Knights of Columbus, you become part of the largest Catholic fraternity in the world. As you grow in faith, you are supported by a true brotherhood built on shared values — and on a shared desire to be the men God has called you to be. Join your local council for even more support from Catholic men. Contact Grand Knight Jesus Ubias at 530-721-5743 to join.

**PANCAKE BREAKFAST—First Sundays of every month in Grace Hall after the 9AM Mass**  
**ST PATRICK'S DINNER IS MARCH 16 FROM 5 - 7 PM. IN GRACE HALL.**



Bread & Broth, a ministry of St. Theresa Catholic Church, is an all-volunteer, community food outreach program whose mission is to ease hunger in the Lake Tahoe South Shore community. Our hot, nutritious meals are served twice weekly to all who come to our doors and our B&B 4 Kids program provides healthy, kid-friendly food to children from the ages of 18 months up to 18 years of age during the school year and school summer break. If you are interested in volunteering or making a monetary or food donation, please visit our website, [breadandbroth.org](http://breadandbroth.org).



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### VOCATIONS COMMITTEE

The Office of the Clergy Formation is opening a new deacon formation. If you think you would be interested, contact the parish office and make appointments to meet with Fr. Marcel for more information.

Please continue to pray for all our vocations!



### DEVOTIONS TO OUR LADY OF PERPETUAL HELP

Wednesdays after the noon Mass. in the Church with the Rosary, Divine Mercy chaplet, and novena prayers to Our Lady of Perpetual Help

### THE LITTLE WAY FELLOWSHIP



“Do not be misled: Bad company corrupts good character.”

- 1 Corinthians 15:33  
 Accompany Us For:

Meet and Greet | Saint Analysis | Bible Study | Mass | Adoration | And More! | Follow us on Instagram for weekly updates!

For more information: Contact Brian Grajeda: (530)318-0916 | [brianjgrajeda@gmail.com](mailto:brianjgrajeda@gmail.com)



Thank you for helping our neighbors in need through the ANNUAL CATHOLIC APPEAL

Your gifts will make a difference in the lives of those who suffer physical, material and spiritual poverty. If you have not contributed yet, it's not too late! Donate online at [www.scd.org/acagive](http://www.scd.org/acagive). Envelopes are also available in the church or parish office. 25% is returned to our parish for our own ministry to people in our community. Your gift matters.



## DIOCESAN NEWS

### DAILY LENTEN PRAYERS FOR 40 DAYS FOR LIFE

Join Us! We invite all Christians to join the 40 Days for Life Spring Campaign (March 5 – April 13, 2025) through 40 days of prayer and fasting for an end to abortion. You are invited to stand and peacefully pray with us during a 40-day vigil in front of the Planned Parenthood location in your community, and to help spread the word about this important community outreach. All are welcome. Visit our website at: <https://www.scd.org/40DaysForLife>

### SAVE THE DATE – MCdA SPRING WORKSHOP | A LIFE FULL OF HOPE

A Life Full of Hope: Persons with disAbilities Saturday, **March 22, 2025** Pastoral Center, 2110 Broadway, Sacramento No Cost! No one expects or wants their child to be born with a disAbility, but this is not the end of the world... it is the beginning of an unimaginable story to be lived. Join us in recognizing and sharing how to find and celebrate this hope in our parishes, sessions, classrooms, and homes. Register at Ministry for Catholics with disAbilities Spring Workshop | Diocese of Sacramento Questions? Contact Martha Haig, 916-733-0132, [mhaig@icloud.com](mailto:mhaig@icloud.com)

### DEUS VOCAT & QUO VADIS RETREAT FOR AGES 13-17 (NORTH)

The Office of Priestly & Religious Vocations, invites youth ages 13-17 to ponder God's call. The retreat will be on **Saturday, March 29, 2025** from 8:30am to 2pm at Sacred Heart Parish Hall, 2355 Monroe Ave., Red Bluff, CA 96080. Cost is \$50 (Scholarships available, if needed). For more information, please contact us at (916) 733-0258 or by email at [msmith@scd.org](mailto:msmith@scd.org). To register visit: [www.scd.org/vocations](http://www.scd.org/vocations) (Registration deadline is Monday, March 24, 2025).

### YOUNG ADULT DISCERNMENT RETREAT (NORTH):

The Office of Priestly & Religious Vocations, invites young adults ages 18-32 to discern their vocation. The retreat will be on **Saturday, March 29, 2025** from 3:30pm to 8pm at Sacred Heart Parish Hall, 2355 Monroe Ave., Red Bluff, CA 96080. Cost is \$50 (Scholarships available, if needed). For more information, please contact us at (916) 733-0258 or by email at [msmith@scd.org](mailto:msmith@scd.org). To register visit: [www.scd.org/vocations](http://www.scd.org/vocations) (Registration deadline is Friday, March 21, 2025).

### LIVING THE JUBILEE | THEME I: TO SEE GOD

We are well into the Jubilee Year – Pilgrims of Hope! We encourage you and your family to continue living the Jubilee throughout this year. One of the ways to do this is to reflect upon the three themes for the Jubilee introduced by Bishop Soto: 1) To See God; 2) To Be Living Stones in His Temple, and 3) To Unite All Creation in Christ. Each quarter of 2025, we will be focus on a specific theme. Between now until the end of March, we invite you to reflect upon the 1st theme: To See God inspired by the scripture passage from 1 John 3:2-3, “We shall be like him, for we shall see him as he is. Everyone who has this hope based on him makes himself pure as he is pure.” For reflection and prayer resource, please visit [www.scd.org/Jubilee2025](http://www.scd.org/Jubilee2025) to access these materials.

## Lenten Schedule 2025

**EUCCHARISTIC ADORATION**  
THURSDAYS AFTER 12 NOON MASS  
12:30 - 6:00 PM

**CONFESSIONS**  
THURSDAYS DURING LENT  
4:00 - 5:30 PM

**STATIONS OF THE CROSS**  
FRIDAYS DURING LENT  
MARCH 7, 14, 21 | APRIL 4, 11  
NO STATIONS OF THE CROSS ON MARCH 28  
6:00 PM

**24 HOURS WITH THE LORD**  
MARCH 28 - 29  
EXPOSITION OF THE BLESSED  
SACRAMENT AFTER MASS

**CONFESSIONS**  
DURING 24 HOURS WITH THE LORD  
MARCH 28: 4-5:30 PM & 9-10 PM  
MARCH 29: 9-10 AM

**LENTEN SOUP MEAL**  
APRIL 11 - LAST FRIDAY OF LENT  
AFTER STATIONS OF THE CROSS  
IN GLOBIN HALL

SAINT THERESA CATHOLIC CHURCH - SOUTH LAKE TAHOE, CA

## PRAYER FOR POPE FRANCIS

O God, shepherd and ruler of all the faithful, look favorably on your servant Francis, whom you have set at the head of your Church as her shepherd; grant, we pray, that by word and example he may be of service to those over whom he presides so that, together with the flock entrusted to his care, he may come to everlasting life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

*Excerpt from the English translation of The Roman Missal © 2010 International Commission on English in the Liturgy Corporation. All rights reserved.*

## READINGS FOR THE WEEK | [bible.usccb.org/daily-bible-reading](http://bible.usccb.org/daily-bible-reading)

Monday: Leviticus 19:1-2, 11-18; Psalms 19:8, 9, 10, 15; 2 Corinthians 6:2b; Matthew 25:31-46  
Tuesday: Isaiah 55:10-11; Psalms 34:4-5, 6-7, 16-17, 18-19; Matthew 4:4b; Matthew 6:7-15  
Wednesday: Jonah 3:1-10; Psalms 51:3-4, 12-13, 18-19; Joel 2:12-13; Luke 11:29-32  
Thursday: Esther C:12, 14-16, 23-25; Psalms 138:1-2ab, 2cde-3, 7c-8; Psalms 51:12a, 14a; Matthew 7:7-12  
Friday: Ezekiel 18:21-28; Psalms 130:1-2, 3-4, 5-7a, 7bc-8; Ezekiel 18:31; Matthew 5:20-26  
Saturday: Deuteronomy 26:16-19; Psalms 119:1-2, 4-5, 7-8; 2 Corinthians 6:2b; Matthew 5:43-48  
**Second Sunday of Lent:** Genesis 15:5-12, 17-18; Psalms 27:1, 7-8, 8-9, 13-14; Philippians 3:17-4:1 Or Philippians 3:20-4:1; Matthew 17:5; Luke 9:28b-36

OFFERINGS	03/02
Envelope	\$1,383.00
Non-Envelope	\$3,237.20
Online Giving	\$340.00
Annual Catholic Appeal	\$2,919.00



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 Parish Council Secretary  
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 NV B.0145459  
 530.563.8750

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 tahoeatholicbulletin @ gmail.com

MASS TIMES AND INTENTIONS	
<b>Saturday   March 8   St John of God</b>	
5:30pm	✠ Con Dawson, by Chase & Paul
<b>Sunday   March 9   St Frances of Rome</b>	
9:00am	St. Theresa parishioners
11:00am	Michael Forrest, by his family
7:00pm	Spanish intentions
<b>Monday   March 10  </b>	
12:00pm	
<b>Tuesday   March 11  </b>	
12:00pm	
<b>Wednesday   March 12  </b>	
12:00pm	
<b>Thursday   March 13  </b>	
12:00pm	
<b>Friday   March 14  </b>	
<b>NO MASS</b>	
<b>Saturday   March 15  </b>	
5:30pm	✠ Michael Allen, by Chase & Paul

**SUSPENSION OF THE CHALICE**  
 California has now surpassed the threshold for influenza-like illness. The cup is suspended except for ministering priests and deacons, during Mass. It is also encouraged that all the faithful receive the Sacred Body of Christ in the hand.

**FUNDRAISING OPPORTUNITY!**

**ST PATRICK'S DINNER** prepared by the Knights of Columbus on Sunday, March 16 from 5 to 7 pm Grace Hall. \$15 adults \$5 kids 6 - 12.

**CANNED FOOD DRIVE | 40 CANS FOR 40 DAYS OF LENT**  
 Please leave your donations in the back of the church.  
 Canned or packaged food only. Please no perishables (bread).  
 Donations are for the parish food pantry  
 Questions: text Timothy Durkin 209-471-3140

**PRAYER REQUESTS**

**FOR PARISHIONERS ON ACTIVE MILITARY DUTY:** Logan Bevins | Andrew Coen | Matthew Coen | Sean Finn | Ben Fry | Phillip Gaston | Corbett Martin | Zachary Martin

**FOR THOSE WHO ARE ILL:** James Alsbury | Steve Anderson | Bill Barboni | Heather Barnet | Teresita Beltran | Jena Caro | Brett Forrest | Michael Forrest | Michael Galliano | Albert Gualano | David Gualano | Jerry Kirvida | Karen Kleiner | Adeline Manchester | Charlena Manchester | Elizabeth Manchester | Pierce Manchester | Tyler Manchester | Matthew Morisky | Byron Melrose | Haley Merkley | Jamie O'Malley | Cherry Oineza | Napoleon Oineza, Jr. | Milkie Peacock | Tony Russo | Aida Salenga | Mila Seal | Derrek Sheets | Cole Miller Whitney

**PRAYER REQUESTS**  
 If you would like to add to the prayer list, please send an email with your loved one's name along with your name and phone number to tahoeatholicbulletin @gmail.com.

BULLETIN PRINTED DATE: 03/08/2025  
 Bulletin content may be changed without notice and is not guaranteed to be complete, correct, timely, current or up-to-date.  
 Similar to any printed materials, content may become out-of-date. Please email tahoeatholicbulletin@gmail.com for questions.

## MASS ANNOUNCEMENTS FOR MARCH 8/9

(To be read by one of the lectors after communion.)

1. Details from the following announcements are in our bulletins and website.
2. We have flyers all over the church and on our social media sites with our Lenten schedule. It is also available on the online version of the bulletin.
3. Thank you for helping our neighbors in need through the ANNUAL CATHOLIC APPEAL. Your gifts will make a difference in the lives of those who suffer physical, material and spiritual poverty. If you have not contributed yet, it's not too late! Donate online at [www.scd.org/acagive](http://www.scd.org/acagive). Envelopes are also available in the church or parish office. 25% is returned to our parish for our own ministry to people in our community. Your gift matters.
4. As part of this year's Jubilee of Hope, we will participate in the "24 Hours with the Lord," on March 28-29, Friday to Saturday. We will have exposition of the Blessed Sacrament after Mass and confessions at 4-530pm and 9-10pm on Friday, and 9-10am on Saturday.
5. A St Patrick's Dinner will be prepared by the Knights of Columbus on Sunday, March 16, from 5 - 7 pm. In Grace Hall. Tickets are being sold after Masses.
6. The Knights of Columbus is also running a CANNED FOOD DRIVE: 40 CANS FOR 40 DAYS OF LENT. Please leave your donations, canned or packaged food, in the back of the church. Please do not donate perishable food like bread. All donations are for the parish food pantry. Text Timothy Durkin if you have any questions. This post is at the back of the bulletin
7. There is a beautiful Hispanic tradition called Visit 7 Parishes where you can walk 7.8 miles (or drive by car) around seven parishes around the Sacramento parishes on Holy Saturday. There are flyers in the vestibule and available online for more information.
8. Thank you.



# *Lenten Schedule 2025*

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THURSDAYS AFTER 12 NOON MASS  
12:30 - 6:00 PM

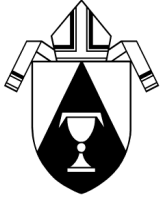
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THURSDAYS DURING LENT  
4:00 - 5:30 PM

**STATIONS OF THE CROSS**  
FRIDAYS DURING LENT  
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APRIL 11 - LAST FRIDAY OF LENT  
AFTER STATIONS OF THE CROSS  
IN GLOBIN HALL



# DIOCESE OF SACRAMENTO

## Office of Worship

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2110 Broadway, Sacramento, CA 95818 - 916-733-0211 - [gmcavoy-jensen@scd.org](mailto:gmcavoy-jensen@scd.org)

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# Lenten Regulations 2025

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## Lent and Easter

Ash Wednesday marks the beginning of Lent, a season in which the faithful are called to reflect on the Paschal Mystery more intently. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. It is also a time in which catechumens prepare to receive the Sacraments of Initiation at the Easter Vigil. The Church calls everyone, therefore, to a spirit of penance through prayer, fasting, and almsgiving.

### Ash Wednesday

"The blessing and distribution of ashes on Ash Wednesday normally takes place during the celebration of Mass. However, when circumstances require, the blessing and distribution of ashes may take place apart from Mass, during a celebration of the word of God."<sup>1</sup> In this case the "rite may be celebrated by a priest or deacon who may be assisted by lay ministers in the distribution of the ashes. The blessing of the ashes, however, is reserved to a priest or deacon."<sup>2</sup> A description of this liturgy is found in the Roman Missal, at the end of the proper for Ash Wednesday.

## Fasting and Abstinence

In order to foster a spirit of repentance and unite us more closely to Christ, Church law requires the observance of Abstinence and Fasting during Lent.<sup>3</sup> (For further study, see Pope Paul VI's apostolic constitution on the subject.<sup>4</sup>)

### Abstinence

All persons, 14 years and older, are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent. ". . . [Any] parish or diocesan institution or group which sponsors an event which includes a meal is not to serve meat on any Friday during the year."<sup>5</sup> Other forms of abstinence, for example abstinence from alcoholic beverages, television, video games, the internet, and social media, are also beneficial.

### Fasting

Everyone from ages 18 to 59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is understood to mean that one full meal may be eaten. Two other small meals may be eaten, but together they should not equal a full meal. Eating between meals is not permitted.

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<sup>1</sup> *Book of Blessings* #1656

<sup>2</sup> *Book of Blessings* #1659

<sup>3</sup> *Code of Canon Law* #1249-1253

<sup>4</sup> *Apostolic Constitution Paenitemini of the Supreme Pontiff Paul VI on Fast and Abstinence*

<sup>5</sup> *Diocesan Statutes* #127

When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor should be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

## Prayer

Catholics are urged to read and pray with sacred Scripture more intently during Lent, and to deepen their faith by reading the *Catechism of the Catholic Church*. The faithful are encouraged to participate in special devotions offered by the parish, especially parish penance services, Eucharistic adoration, and Liturgy of the Hours. Other devotions such as the Rosary, the Divine Mercy Chaplet, visits to the Blessed Sacrament, and praying for vocations to the priesthood and religious life are also encouraged. Holy water remains available in the stoops throughout Lent, until the Evening Mass of the Lord's Supper begins the Easter Triduum.

### *The Sacrament of Reconciliation*

Lent is a privileged time for celebrating the Sacrament of Penance. The faithful are obliged to confess their grave sins at least once a year.<sup>6</sup> To that end, parishes are encouraged to provide ample opportunity for the faithful to partake of the Sacrament of Reconciliation by expanding their confession schedule during Lent. You might consider, for example, adding an extra rite of reconciliation on a weekday evening. Public parish penance services are strongly encouraged and may be combined with the Roman "stations" with or without a procession.<sup>7</sup> General absolution, however, is not permitted.

### *Lenten Mass Schedule*

The faithful are urged to attend Mass on weekdays as often as possible, especially during Lent. Daily Masses during Lent should be scheduled to facilitate attendance.

### *The Stations of the Cross*

The Stations of the Cross are to be celebrated in each parish on Fridays during Lent and parishioners should be encouraged to participate.

### *Day of Reconciliation and Unity*

The second Wednesday of March is to be observed as "[a] day of penance for negative attitudes and discrimination toward people of differing cultures, ethnicity and race; and prayer for unity in our diversity, for equality, mutual respect and peace among all peoples".<sup>8</sup>

## Wedding Masses

Ritual Masses for the Celebration of Marriage may not take place on Ash Wednesday, on Sundays of Lent, during Holy Week, during the Paschal Triduum, or on Sundays of Easter.<sup>9</sup> "The celebration of Marriage on Friday of the Passion of the Lord and on Holy Saturday is to be avoided altogether."<sup>10</sup> Marriages may take place at other times during Lent according to the proper liturgical norms and provisions. It is contrary to the penitential spirit of the season to have elaborate weddings or lavish receptions. Those who need to have marriages convalidated before the Easter Vigil should do so prior to Holy Week, not on Holy Saturday or during the Vigil.

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<sup>6</sup> *Code of Canon Law* #989

<sup>7</sup> *Roman Missal*, Proper of Time, Lent (introduction #1-2); see also *Rite of Penance* Appendix II, I

<sup>8</sup> *Diocesan Statutes* #123 §3(c)

<sup>9</sup> *Roman Missal*, 2011, Ritual Masses, V. For the Celebration of Marriage

<sup>10</sup> *The Order of Celebrating Matrimony*, 2016, #32



## Funeral Masses

Funerals are not to be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral considerations necessitate that a funeral be celebrated on these days, the Liturgy of the Word with the Final Commendation and Farewell may be conducted.

## Paschal Triduum

No Masses are to be offered on Good Friday nor on Holy Saturday except the Easter Vigil in the Holy Night. The Easter Vigil begins after nightfall which in our diocese is 8:45 p.m. this year.<sup>11</sup> There may be only one celebration of the Easter Vigil in a given parish each year. For additional helpful information beyond what is provided in the Roman Missal, see the related Circular Letter.<sup>12</sup> “It is unlawful to separate the Confirmation and reception of Eucharist of any adult or child of catechetical age from Baptism. (see CIC 866)”<sup>13</sup>

## Easter Duty

All Catholics who have been initiated into the Holy Eucharist are bound to receive holy communion worthily at least once during the Easter Season. In the United States, the Easter duty may be fulfilled through the Solemnity of the Most Holy Trinity. Catholics are encouraged to receive Communion as often as possible, not only during Eastertide, but throughout the year. However, “[anyone] conscious of a grave sin must receive the Sacrament of Reconciliation before coming to Communion”.<sup>14</sup>

## Almsgiving

From earliest times giving to the poor, or almsgiving, has been an invaluable spiritual practice, a religious duty, a form of penance, an expression of Christian charity, and an aid to interior conversion. Therefore, all Catholics are urged to give generously to assist the poor and support the charitable works of the Church, especially through their local parish and the Annual Catholic Appeal.

The faithful are also encouraged to visit the sick, the homebound, the aged, and those in prison, remembering the words of our Lord Jesus Christ who said, “As you did it to one of the least of these my brethren, you did it to me” (Matthew 25:40). Fasting and abstinence together with almsgiving and charitable works unite us to the crucified Christ reflected in the image of our brothers and sisters who suffer.

## Covering Crosses and Images

*In the Dioceses of the United States the practice of covering crosses and images throughout the church from this [Fifth Sunday of Lent] may be observed. Crosses remain covered until the end of the Celebration of the Lord's Passion on Good Friday, but images remain covered until the beginning of the Easter Vigil.*<sup>15</sup>

## Initiation

*The Christian Initiation of adults and children of catechetical age includes at one celebration: Baptism, Confirmation, and Eucharist. In accord with the ancient practice of the Church, these sacraments are to be received together and in their proper order.*<sup>16</sup>

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<sup>11</sup> <https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/triduum/roman-missal-and-the-easter-vigil> (see footnote 1)

<sup>12</sup> *Circular Letter Concerning Preparation and Celebration of Easter Feasts*, Congregation for Divine Worship, 1988

<sup>13</sup> *Guidelines for the Implementation of the Rite of Christian Initiation of Adults for the Diocese of Sacramento*, October 2016, #103.6.2.

<sup>14</sup> *Catechism of the Catholic Church* #1385

<sup>15</sup> *Roman Missal*, instruction for the Fifth Sunday of Lent

<sup>16</sup> *Guidelines for the Implementation of the Rite of Christian Initiation of Adults for the Diocese of Sacramento*, October 2016, #103.6.1



# AS PILGRIMS OF HOPE, WE BELIEVE: ONE DAY, WE SHALL SEE GOD AS HE IS.



"We shall be like him, for we shall see him as he is.  
Everyone who has this hope based on him makes himself pure  
as he is pure." — 1 John 3:2-3

## REFLECTION:

We have an eager, confident expectation that one day, we shall see God as he is. This is our hope, that anchors our soul. It is firm and secure.<sup>1</sup> It is a living hope through the resurrection of Christ from the dead. To have eternal life in heaven is the *"ultimate end and fulfillment of the deepest of human longings, the state of supreme, definitive happiness"*.<sup>2</sup> Eternal life can be described as life in the kingdom of God (Mk 9:47), as a heavenly banquet (Mt 8:11), as a paradise gained (Lk 23:43), as the heavenly Jerusalem (Heb 12:22), as a place of rest (Heb. 4:1-9), and as an arena of unending light (Rev. 22:5). St. Cyprian contemplated God in his heavenly glory:

*"How great will your glory be, to be allowed to see God, to be honored with sharing the joy of salvation and eternal light with Christ your Lord and God . . . to delight in the joy of immortality in the Kingdom of heaven with the righteous and God's friends."*<sup>3</sup>

By his death and resurrection, Jesus Christ has "opened" heaven to us. This heavenly Jerusalem will be a place of purity, where sinners will not enter but only those who have washed their robes in the blood of Christ and who have been purified through the forgiveness of sins in Christ.<sup>4</sup> Those who die in God's grace and friendship and are perfectly purified live forever with Christ, for they are like God forever and they *"see him as he is, face to face"*. He *"makes partners in his heavenly glorification those who have believed in him and remained faithful to his will"*.<sup>5</sup> As **Pilgrims of Hope**, we on our journey to see God as he is. Our hope is anchored knowing that *"at the evening of life, we shall be judged on our love"*<sup>6</sup> and be granted entrance into the blessedness of heaven because we have *"believed in him and remained faithful to his will"*.

## DISCUSSION QUESTIONS:

1. *"Those who die in God's grace and friendship and are perfectly purified live forever with Christ"*.<sup>7</sup> In what ways do you remain in God's grace and friendship in your own life? In what ways do you remain in God's grace in your family, or as a ministry leader?
2. We declare in the Apostles' Creed, *"I believe in . . . the resurrection of the body, and the life everlasting"* and confess in the Nicene Creed, *"We look for the resurrection of the dead, and the life of the world to come"*. What emotions and imagery do you have when you contemplate the hope of eternal life?

SHARE YOUR  
REFLECTIONS  
& DISCUSSION  
NOTES HERE:



<sup>1</sup> Hebrew 6:19-20 | <sup>2</sup> Catechism of the Catholic Church, no. 1024 | <sup>3</sup> St. Cyprian, Ep. 58, 10,1 | <sup>4</sup> The Hope of Eternal Life, No. 140, (2010), USCCB Ecumenical & Interreligious Affairs | <sup>5</sup> Catechism of the Catholic Church, no. 1026 | <sup>6</sup> St. John of the Cross, Dichos 64 | <sup>7</sup> Catechism of the Catholic Church, no. 1024





# Pilgrimage

## 7 Parishes 2024



RADIO  
SANTISSIMO  
SACRAMENTO  
COMUNIDAD DE RADIO, COMUNIDAD DE VIDA

### Saturday March 30, from 7am to 2pm

The visit of the 7 parishes is a beautiful Hispanic tradition, which we will carry out on Holy Saturday, walking 7.8 miles and for those who cannot walk, they can still do by car (**Check the participating parishes in the back**). We offer the faithful the opportunity to embrace the cross of our Lord Jesus Christ, and place our joys and sorrows there on his Holy Cross.

**1** St Elizabeth Parish

1817 12th Street 7:00 AM

**2** St Joseph Cemetery

2615 21th Sreet 8:10 AM

**3** Immaculate Conception P.

3263 1st Ave 9:10AM

**4** Sacred Heart Parish

1040 39th St 10:30 AM

**5** St Francis of Assisi Parish

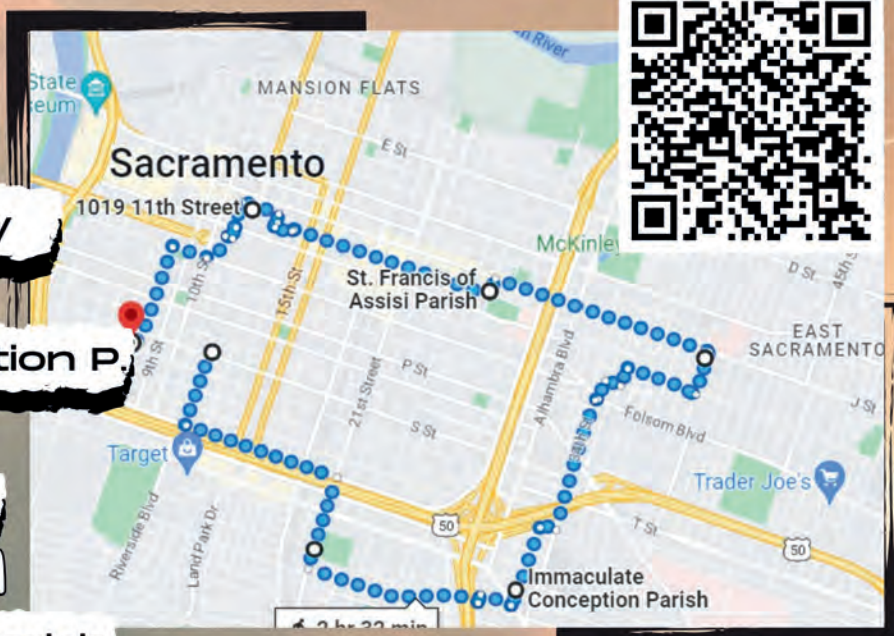
1066 26th St 11:50 AM

**6** Cathedral of the Blessed  
Sacrament

1019 11th St 1:00 PM

**7** Shrine of Our Lady of  
Guadalupe

711 T Street 2:00 PM



*This year* **Lent Challenge**

*is listening to God in 2 ways:*

1. Tune in to the Catholic Radio 1 hour a day.
2. Visit to the Blessed Sacrament every day.

*All for 40 days*



# Pilgrimage

## 7 Parishes 2024



**Saturday March 30, from 7am to 2pm**

**This list include the participating parishes for those who cannot walk and wish to do it by car.**

- **Divine Savior** (9079 Greenback Ln, Orangevale)
- **Good Shepherd** 9539 Racquet Ct, Elk Grove)
- **Holy Family** (7817 Old Auburn Rd, Citrus Heights)
- **St Joseph Elk Grove** (9961 Elk Grove Florin Rd, Elk Grove)
- **St Joseph** (1717 El Monte Ave, Sacramento)
- **St Joseph Clarksburg** (32890 S River Rd, Clarksburg)
- **Saint Charles Borromeo** (7584 Center Pkwy, Sacramento)
- **St John Vianney** (10497 Coloma Rd, Rancho Cordova)
- **St Rose Roseville** (615 Vine Ave, Roseville)
- **St Rose of Lima** (5961 Franklin Blvd, Sacramento)
- **Cathedral of the Blessed Sacrament** (1017 11th St, Sacramento)
- **Immaculate Conception** (3263 1st Ave, Sacramento)
- **Our Lady of Guadalupe Shrine** (711 t St Sacramento)
- **St Ana** (7724 24th St, Sacramento)
- **St Paul** (8720 Florin Rd, Sacramento)
- **St Philomene** (2428 Bell St, Sacramento)
- **St Peter - All Hallows** (5501 14th Ave, Sacramento)
- **St John The Baptist** (307 Montrose Dr, Folsom)
- **St Cristobal** (950 S Lincoln Way, Galt)
- **St Lawrence** (4325 Don Julio Blvd, North Highlands)
- **Holy Cross** (1321 Anna Street West Sacramento)
- **St Robert** (2243 Irvin Way, Sacramento)
- **Holy Rosary** (575 California St, Woodland)
- **St James** (1275 B St, Davis)
- **St Peter** (105 S 2nd St, Dixon)
- **Our Lady of Lourdes** (1951 North Ave., Sacramento)
- **St Joseph** Vacaville (1791 Marshall Rd, Vacaville)
- **St Mary** (350 Stinson Ave, Vacaville)
- **Holy Spirit** (1050 N Texas St, Fairfield)
- **St Patrick** (3109 Sacramento St, Placerville)
- **St. Therese** (100 4th St, Isleton)
- **St Antony** (14012 Walnut Ave, Walnut Grove)
- **St Vincent Ferrer**(816 Santa Clara Street, Vallejo)
- **St Antony** (511 W Main St, Winter)
- **Holy Cross** (408 Laurel St, Arbuckle)
- **Annunciation** (627 Eighth St, Williams)
- **Our Lady of Lourdes** (345 Oak St, Colusa)
- **Sacred Heart** (45 Elm St, Maxwell)
- **St Isidore** (222 Clark Avenue, Yuba City)
- **St Joseph** (702 C St, Marysville)
- **Our Lady of Guadalupe** (9660 Broadway, Live Oak)
- **Sacred Heart** (1560 Hazel St, Gridley)
- **St Thomas the Apostle** (1330 Bird St, Oroville)
- **St James** (2416 Faber St, Durham)
- **St John The Baptist** (435 Chestnut St, Chico)
- **St Mary** (410 Los Robles Ave, Hamilton City)
- **St Dominic** (830 A St, Orland, CA 95963)
- **Immaculate Conception** (818 Solano St, Corning)
- **St Monica** (1129 W Wood St, Willows)
- **Sacred Heart** (515 Main St, Red Bluff)
- **St Anne Mission** (3415 Main St, Cottonwood)
- **Sacred Heart** (3141 St Stephen's Dr, Anderson)
- **Our Lady of Mercy** (2600 Shasta View Dr, Redding)
- **St Joseph** (2040 Walnut Ave, Redding)
- **St Michael Mission** (3440 Shasta Dam Blvd, Shasta Lake)
- **Mary Queen of Peace** (30719 Shingletown Ridge Rd, Shingletown)



*Patty Maciel*

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Help the radio  
continue  
evangelizing.







March 5 - April 13, 2025

# 40 DAYS FOR LIFE®

## HELP SAVE LIVES IN SACRAMENTO!

**You can help mothers and children** by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

**With God's help**, here are the proven results in 30 coordinated campaigns:

- Over **20,000 babies** saved from abortion
- Over **200 abortion** workers converted
- Over **100 abortion** centers closed

**Here is how to take part in 40 Days for Life in our Sacramento community:**

**Vigil location:** Public sidewalk in front of Planned Parenthood abortion business at 201 29th Street, Sacramento

**Vigil hours:** Monday through Saturday from 7:30 am to 6:30 pm

**Local contact:** Deacon Danny Patterson (916) 733-0133 [dpatterson@scd.org](mailto:dpatterson@scd.org)

**Learn more ... get involved ... and sign up** for prayer times by visiting our campaign at the web address shown below!

[40DaysForLife.com/Sacramento](http://40DaysForLife.com/Sacramento)



# NEWMAN CENTER OPEN HOUSES

We invite parents and students to visit us  
at our upcoming Open Houses at the Newman Centers.  
Join us for Mass followed by an Open House  
to learn more about college campus ministry.



## NEWMAN SACRAMENTO

Sunday, March 16, 2025

5:00pm | Sunday Mass

6:30-7:30pm | Open House

Sacramento Newman Center | 5900 Newman Ct, Sacramento



## NEWMAN DAVIS

Sunday, March 16, 2025

5:00pm | Sunday Mass

St. Jame's Parish | 1275 B St, Davis

6:30-7:30pm | Open House

Davis Newman Center | 413 5th St, Davis



## NEWMAN CHICO

Sunday, March 30, 2025

7:00pm | Sunday Mass

8:00-9:00pm | Open House

Chico Newman Center | 346 Cherry St, Chico





FAMILY  
FAITH FORMATION  
YOUNG PEOPLE



# Lenten Day of Reflection

*Jubilee of Hope is  
Living the Gospel  
is Being Disciples*

**March 15, 2025 | 9:00am - 4:30pm**  
Christ the King Passionist Retreat Center  
6520 Van Maren Lane, Citrus Heights, CA

Presenter:  
Rev. Phillip Donlan, CP (English)

All are welcome!  
Donation: \$55 per participant  
Groups of 10 or more \$45 per participant  
Includes: Snacks, lunch, confession, prayer &  
personal reflection, and Holy Mass



To register  
Para registrar

# Dia de Reflexión Cuaresmal

*Jubileo de la Esperanza es  
Vivir el Evangelio  
es Ser Discípulos*

**15 de Marzo de 2025 | 9m a 4:30pm**  
Christ the King Passionist Retreat Center  
6520 Van Maren Lane, Citrus Heights, CA

Presentador:  
Rev. Eduardo Fernandez, SJ (Español)

Todos son bienvenidos!  
Donación \$55 por participante  
Grupos de 10 o más \$45 por participante  
Incluye: snacks, almuerzo, confesión,  
oración y reflexión personal, y Santa Misa





# Parroquia de Santa Teresa de Lisieux

1041 Lyons Avenue, South Lake Tahoe, CA 96150-8241

Tel. (530) 544-3533 | Fax (530) 544-4662

sttheresa@tahoecatholic.com | www.tahoecatholic.com  
facebook.com/tahoecatholic | instagram.com/tahoecatholic

EST 1951

Diocese of Sacramento



© Diocesan

9 de marzo de 2025

PRIMER DOMINGO DE CUARESMA  
AÑO C

Deuteronomio 26:4-10  
Salmos 91:1-2, 10-11, 12-13, 14-15  
Romanos 10:8-13  
Mateo 4:4b  
Lucas 4:1-13



Scan, Donate, Done.  
Donate to Saint Teresa Catholic Church using your phone! Take a picture and check it out!

## MISAS DOMINICALES

Misa de Vigilia el sábado 5:30 PM  
Domingo 9 & 11 AM  
7 PM (español)

## MISA DIARIA

lunes a jueves 12PM

## HORARIO DE ATENCIÓN PARROQUIAL

Lunes a viernes de 9AM-4PM  
(cerrado para el almuerzo de 12PM a 1PM)

## ADORACIÓN EUCARÍSTICA

jueves | 1230-6PM

## CONFESIONES

sábado | 4-5 PM

## ADMINISTRADOR PARROQUIAL

Fr. Marcel Emeh, SDS  
frmarcelstc@tahoecatholic.com  
530.544.3533

## PERSONAL

Susan Lohmeier, Bookkeeper  
Alejandra Jimenez, Parish Secretary  
530.544.3533

Maureen (Moe) Leonard, Music Director  
530.307.0151 | moeleonard@yahoo.com

Karin Holmes, Music Minister  
Danette A. Winslow, Dir. of Religious Education  
sttheresare@gmail.com | 530.544.4788

Joanie San Agustin, Technology Minister  
tahoecatholicbulletin@gmail.com

## SACRAMENTOS Y MINISTERIOS

### Unción de los Enfermos

primeros Viernes

### Bodas

530.544.3533

### Bautismos

530.544.4788

### Bread & Broth

breadandbroth.org

### Back Door Pantry

viernes 3-430 PM

fdixon0714@gmail.com

530.659.3936



## MINISTERIOS Y SACRAMENTOS



**Bread & Broth**, un ministerio de la Iglesia Católica St. Theresa, es un programa comunitario de distribución de alimentos en el que participan todos los voluntarios y cuya misión es aliviar el hambre en la comunidad de la costa sur del lago Tahoe. Nuestras comidas calientes y nutritivas se sirven dos veces por semana a todos los que vienen a nuestras puertas y nuestro programa B&B 4 Kids ofrece alimentos saludables y aptos para niños desde los 18 meses hasta los 18 años de edad durante el año escolar y las vacaciones de verano. Si está interesado en ser voluntario o hacer una donación monetaria o alimentos, visite nuestro sitio web, [breadandbroth.org](http://breadandbroth.org).

### myParish APP

Descargue la aplicación **myParish** y obtenga acceso fácil a los recursos de la parroquia y reciba mensajes instantáneos para los próximos eventos.



### COMITÉ DE VOCACIONES

¡El Comité de Vocaciones está abierto a nuevos miembros!  
¡Comuníquese con Joanie!



### DEVOCIONES A NUESTRA SEÑORA DEL PERPETUO SOCORRO

Los miércoles después de la Misa del mediodía, en la Iglesia, con el Rosario, la coronilla de la Divina Misericordia y oraciones de la novena a Nuestra Señora del Perpetuo Socorro.

### CLASES DE PREPARACIÓN BAUTISMAL

Llame o visite la Oficina de Educación Religiosa 530.544.4788  
HORARIO: [tahocatholic.com/baptisms](http://tahocatholic.com/baptisms)

### DESPENSA TRASERA DE ST THERESA

La despensa trasera ofrece alimentos gratuitos para quienes los necesitan. Está ubicada en el lado sur de Grace Hall, en la primera ventana. La despensa trasera está abierta todos los viernes de 3 a 4:30 p. m. Si desea donar a la despensa trasera, hay una caja de despensa ubicada en la parte trasera de la iglesia. Solo alimentos no perecederos (no alimentos frescos ni congelados). Gracias.

## FORMED



### LA FE CATÓLICA. EN DEMANDA.

Obtenga miles de películas, programas, audios y libros católicos increíbles al instante on FORMED al registrarse con su parroquia.

Para registrarse gratis:

1. Visite [signup.formed.org](http://signup.formed.org)
2. Introduzca el código postal o el nombre de su parroquia. **CODIGO: QKK7X3**

## LLAMADO CATÓLICO ANUAL



Gracias por ayudar a nuestros vecinos necesitados por medio del LLAMADO CATÓLICO ANUAL

Sus donaciones marcarán la diferencia en la vida de quienes sufren pobreza física, material y espiritual. Si aún no ha hecho una donación, ¡no es demasiado tarde! Puede donar en línea en [www.scd.org/acagive](http://www.scd.org/acagive). También hay sobres disponibles en la iglesia o en la oficina parroquial. El 25% es dirigido a nuestra parroquia para nuestro propio ministerio a las personas en nuestra comunidad. Su obsequio es importante.



## ¡LOS COMPAÑEROS DEL CAMINO PEQUEÑO! | JOVEN ADULTO

“No se dejen engañar: Las malas compañías corrompen las buenas costumbres” - 1 Corintios 15:33  
Acompañanos para: Vengan y Conoscan | Hablar Sobre Los Santos | Estudio de la Biblia | Misa | Hora Santa | ¡Y mas!

Síguenos en Instagram Para Información Sobre las Reuniones Semanales.

Para mas información:

Contacta a Brian Grajeda: (530)318-0916 | [brianjgrajeda@gmail.com](mailto:brianjgrajeda@gmail.com)



Lunes: Levítico 19:1-2, 11-18; Salmos 19:8, 9, 10, 15; 2 Corintios 6:2b; Mateo 25:31-46  
 Martes: Isaías 55:10-11; Salmos 34:4-5, 6-7, 16-17, 18-19; Mateo 4:4b; Mateo 6:7-15  
 Miércoles: Jonás 3:1-10; Salmos 51:3-4, 12-13, 18-19; Joel 2:12-13; Lucas 11:29-32  
 Jueves: Ester C:12, 14-16, 23-25; Salmos 138:1-2ab, 2cde-3, 7c-8; Salmos 51:12a, 14a; Mateo 7:7-12  
 Viernes: Ezequiel 18:21-28; Salmos 130:1-2, 3-4, 5-7a, 7bc-8; Ezequiel 18:31; Mateo 5:20-26  
 Sábado: Deuteronomio 26:16-19; Salmos 119:1-2, 4-5, 7-8; 2 Corintios 6:2b; Mateo 5:43-48  
**Segundo Domingo de Cuaresma:** Génesis 15:5-12, 17-18; Salmos 27:1, 7-8, 8-9, 13-14; Filipenses 3:17-4:1 O Filipenses 3:20-4:1; Mateo 17:5; Lucas 9,28b-36

## NOTICIAS DIOCESANAS

### DÍA DE REFLEXIÓN DE CUARESMA PARA LÍDERES DE MINISTERIOS

Día de Reflexión de Cuaresma. Todo catequistas y líderes de ministerios están invitados a un día de reflexión: "Jubileo de la Esperanza es Vivir el Evangelio, es Ser discípulos. 15 de Marzo, 2025 de 9:00am a 4:30pm @ Christ the King. Inscripciones <https://www.scd.org/event/lenten-day-reflection> Para información contacte: Veronica Zeller 916.733.0124 vmzeller@scd.org

### GUARDA LA FECHA – TALLER MCdA | UNA VIDA LLENA DE ESPERANZA

Sábado, 22 de marzo, 2025 Centro Pastoral, 2110 Broadway, Sacramento Una Vida Llena de Esperanza: Personas con disCapacidad ¡Sin costo! Nadie espera o desea que su hijo nazca con una disCapacidad, esto no es el fin del mundo... es el inicio de una historia que nunca se imaginaría vivir. Acompáñanos a reconocer y compartir cómo encontrar y celebrar esa esperanza en nuestras parroquias, sesiones, aulas y hogares. Regístrese en [Ministry for Catholics with disAbilities Spring Workshop | Diocese of Sacramento](#) ¿Preguntas? Contacto Martha Haig, 916-733-0132, mhaig@icloud.com

### PEREGRINAJE DEL AÑO JUBILAR 2025 PARA JÓVENES ADULTOS

Jóvenes adultos mayores de 18 años están invitados a formar parte de una emocionante peregrinación a Roma, Lacio, Asís y Turín. Donde visitaremos las Basílicas de Roma, caminaremos por la Puerta Santa del Jubileo, visitaremos las Basílicas de San Francisco veneraremos a los numerosos santos, visitaremos la primera Capilla Eucarística y la Sábana Santa en Turín. Del 12 al 21 de julio de 2025. Transporte privado, hoteles, desayuno y almuerzo incluidos. Llamar a Alex Barraza 916-733-134 o abaraza@scd.org para detalles y precios. El cupo es limitado.

## Horario de Cuaresma 2025

### ADORACIÓN AL SANTÍSIMO

JUEVES DESPUÉS DE MISA DEL MEDIODÍA  
12:30 - 6:00 PM

### CONFESIONES

JUEVES DURANTE LA CUARESMA  
4:00 - 5:30 PM

### VIA CRUCIS

VIERNES DE CUARESMA  
7, 14 Y 21 MARZO | 4 Y 11 ABRIL  
NO HAY VÍA CRUCIS EL 28 DE MARZO  
6:00 PM

### 24 HORAS PARA EL SEÑOR

28 - 29 DE MARZO  
EXPOSICIÓN DEL SANTÍSIMO  
SACRAMENTO DESPUÉS DE LA MISA

### CONFESIONES

DURANTE LAS 24 HORAS PARA EL SEÑOR  
28 DE MARZO: 4-5:30 PM Y 9-10 PM  
29 DE MARZO: 9-10 AM

### CENA DE SOPA DE CUARESMA

11 DE ABRIL - ÚLTIMO VIERNES DE  
CUARESMA DESPUÉS DEL VIA  
CRUCIS EN EL SALON SOCIAL

IGLESIA CATÓLICA DE SANTA TERESA, SOUTH LAKE TAHOE, CA

## INTENCIONES DE ORACIÓN DEL SANTO PADRE



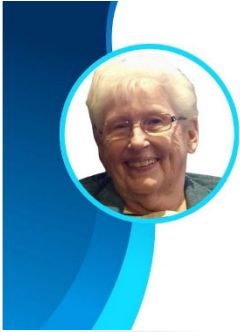
encomendadas a su red mundial de oración para el año 2025 | MARZO | POR LAS FAMILIAS EN CRISIS. | Oremos para que las familias rotas puedan encontrar la cura de sus heridas a través del perdón, redescubriendo los dones de cada uno, incluso en sus diferencias.

<https://popesprayerusa.net/wp-content/uploads/2022/02/ESP-INTENCIONES-DE-ORACION-DEL-SANTO-PADRE-2025-DEF.pdf>

### ORACIÓN POR EL PAPA FRANCISCO

Señor Dios, pastor y guía de todos los fieles, mira con bondad a tu siervo Francisco, que quisiste que presidiera a la Iglesia como su pastor, y concédele que, con su palabra y ejemplo, sirva a aquellos a quienes preside, para que, junto con el rebaño a él confiado, llegue a la vida eterna. Por nuestro Señor Jesucristo, tu Hijo, que vive y reina contigo en la unidad del Espíritu Santo y es Dios por los siglos de los siglos. Amén. | Extracto del Misal Romano, tercera edición © 2014 United States Conference of Catholic Bishops – Conferencia Episcopal Mexicana. Se reservan todos los derechos.

OFERTAS	03/08
Sobre	\$1,383.00
Sin sobre	\$3,237.20
Donaciones en línea	\$340.00
Llamado Católico Anual	\$2,919.00



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Parish Council Secretary  
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INTENCIONES PARA LAS MISAS	
<b>Sábado   8 de marzo   San Juan de Dios</b>	
5:30pm	✙ Con Dawson, by Chase & Paul
<b>Domingo   9 de marzo   Santa Francisca Romana</b>	
9:00am	St. Theresa parishioners
11:00am	Michael Forrest, by his family
7:00pm	Intenciones españolas
<b>Lunes   10 de marzo  </b>	
12:00pm	
<b>Martes   11 de marzo  </b>	
12:00pm	
<b>Miércoles   12 de marzo  </b>	
12:00pm	
<b>Jueves   13 de marzo  </b>	
12:00pm	
<b>Viernes   14 de marzo  </b>	
<b>NO HAY MISA</b>	
<b>Sábado   15 de marzo  </b>	
5:30pm	✙ Michael Allen, by Chase & Paul

**¡OPORTUNIDAD DE RECAUDACIÓN DE FONDOS!**

Cena de San Patricio preparada por los Caballeros de Colón el domingo 16 de marzo de 5 a 7 p. m. en Grace Hall. \$15 adultos, \$5 niños de 6 a 12 años.

**COLECTA DE ALIMENTOS ENLATADOS | 40 LATAS PARA 40 DÍAS DE CUARESMA**

Deje sus donaciones en la parte trasera de la iglesia.  
Solo alimentos enlatados o envasados. No se aceptan productos percederos (pan).

Las donaciones son para la despensa de alimentos de la parroquia  
Preguntas: envíe un mensaje de texto a Timothy Durkin al 209-471-3140

**PETICIONES POR ESTAS PERSONAS**

**POR LOS FELIGRESES—ACTIVOS CON EL SERVICIO MILITAR:**  
Logan Bevins | Andrew Coen | Matthew Coen | Sean Finn | Ben Fry | Phillip Gaston | Corbett Martin | Zachary Martin

**POR LOS QUE ESTÁN ENFERMOS:** James Alsbury | Steve Anderson | Bill Barboni | Heather Barnet | Teresita Beltran | Jena Caro | Brett Forrest | Michael Forrest | Michael Galliano | Albert Gualano | David Gualano | Jerry Kirvida | Karen Kleiner | Adeline Manchester | Charlena Manchester | Elizabeth Manchester | Pierce Manchester | Tyler Manchester | Matthew Morisky | Byron Melrose | Haley Merkley | Jamie O'Malley | Cherry Oineza | Napoleon Oineza, Jr. | Mikie Peacock | Tony Russo | Aida Salenga | Mila Seal | Derrek Sheets | Cole Miller Whitney

**LISTA DE LOS ENFERMOS**

Si desea conservar su ser querido en la /lista, por favor, envíe un correo electrónico con el nombre de su ser querido, junto con su nombre y número de teléfono a [ahoecatholicbulletin@gmail.com](mailto:ahoecatholicbulletin@gmail.com)

FECHA DE IMPRESIÓN DEL BOLETÍN: 03/08/2025

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## ESTAS SON LAS ANUNCIAS PARA EL 2 DE MARZO

(Para ser leído por uno de los lectores después de la comunión.)

1. Los detalles de los siguientes anuncios se encuentran en el boletín y en nuestro sitio web.
2. Tenemos volantes por toda la iglesia y en nuestros sitios de redes sociales con nuestro calendario de Cuaresma. También está disponible en la versión en línea del boletín.
3. Gracias por ayudar a nuestros vecinos necesitados por medio del LLAMADO CATÓLICO ANNUAL. Sus donaciones marcarán la diferencia en la vida de quienes sufren pobreza física, material y espiritual. Si aún no ha hecho una donación, ¡no es demasiado tarde! Puede donar en línea en [www.scd.org/acagive](http://www.scd.org/acagive). También hay sobres disponibles en la iglesia o en la oficina parroquial. El 25% es dirigido a nuestra parroquia para nuestro propio ministerio a las personas en nuestra comunidad. Su obsequio es importante
4. Como parte del Jubileo de la Esperanza de este año, participaremos en las “24 horas con el Señor” el 28 y 29 de marzo, de viernes a sábado. Tendremos exposición del Santísimo Sacramento después de la Misa y confesiones de 4 a 5:30 p. m. y de 9 a 10 p. m. el viernes, y de 9 a 10 a. m. el sábado.
5. Los Caballeros de Colón prepararán una cena de San Patricio el domingo 16 de marzo, de 5 a 7 pm, en Grace Hall. Las entradas se venden después de las misas.
6. Los Caballeros de Colón también están organizando una COLECTA DE ALIMENTOS ENLATADOS: 40 LATAS PARA 40 DÍAS DE CUARESMA. Deje sus donaciones, alimentos enlatados o envasados, en la parte trasera de la iglesia. Por favor, no done alimentos perecederos como el pan. Todas las donaciones son para la despensa de alimentos de la parroquia. Envíe un mensaje de texto a Timothy Durkin si tiene alguna pregunta. Esta publicación se encuentra al final del boletín.
7. Existe una hermosa tradición hispana llamada Visita 7 parroquias, en la que puede caminar 7,8 millas (o conducir en automóvil) alrededor de siete parroquias alrededor de las parroquias de Sacramento el Sábado Santo. Hay folletos en el vestíbulo y disponibles en línea para obtener más información.
8. Gracias.



# *Horario de Cuaresma 2025*

## **ADORACIÓN AL SANTISIMO**

**JUEVES DESPUÉS DE MISA DEL MEDIODÍA  
12:30 - 6:00 PM**

## **CONFESIONES**

**JUEVES DURANTE LA CUARESMA  
4:00 - 5:30 PM**

## **VIA CRUCIS**

**VIERNES DE CUARESMA**

**7, 14 Y 21 MARZO | 4 Y 11 ABRIL**

**NO HAY VÍA CRUCIS EL 28 DE MARZO  
6:00 PM**

## **24 HORAS PARA EL SEÑOR**

**28 - 29 DE MARZO**

**EXPOSICIÓN DEL SANTÍSIMO**

**SACRAMENTO DESPUÉS DE LA MISA**

## **CONFESIONES**

**DURANTE LAS 24 HORAS PARA EL SEÑOR**

**28 DE MARZO: 4-5:30 PM Y 9-10 PM**

**29 DE MARZO: 9-10 AM**

## **CENA DE SOPA DE CUARESMA**

**11 DE ABRIL - ÚLTIMO VIERNES DE  
CUARESMA DESPUES DEL VIA  
CRUCIS EN EL SALON SOCIAL**



# Peregrinación

## 7 Parroquias 2024

Pilgrimage

7 Parishes



RADIO  
SANTÍSIMO  
SACRAMENTO  
CAMBIA DE RAYO, CAMBIA DE VIDA

### Sábado 30 de marzo, de 7am a 2pm

La visita de las 7 parroquias es una hermosa tradición hispana, que llevaremos a cabo el Sábado Santo, caminando 7.8 millas y para aquellos que no puedan caminar lo puedan hacer en carro (**Revisa las parroquias participantes en la parte de atrás**). Ofrecemos a los fieles la oportunidad de abrazar la cruz de nuestro Señor Jesucristo, y colocar ahí en su Santa Cruz nuestras alegrías y penas.

1 St Elizabeth Parish

1817 12th Street 7:00 AM

2 St Joseph Cemetery

2615 21th Sreet 8:10 AM

3 Immaculate Conception P.

3263 1st Ave 9:10AM

4 Sacred Heart Parish

1040 39th St 10:30 AM

5 St Francis of Assisi Parish

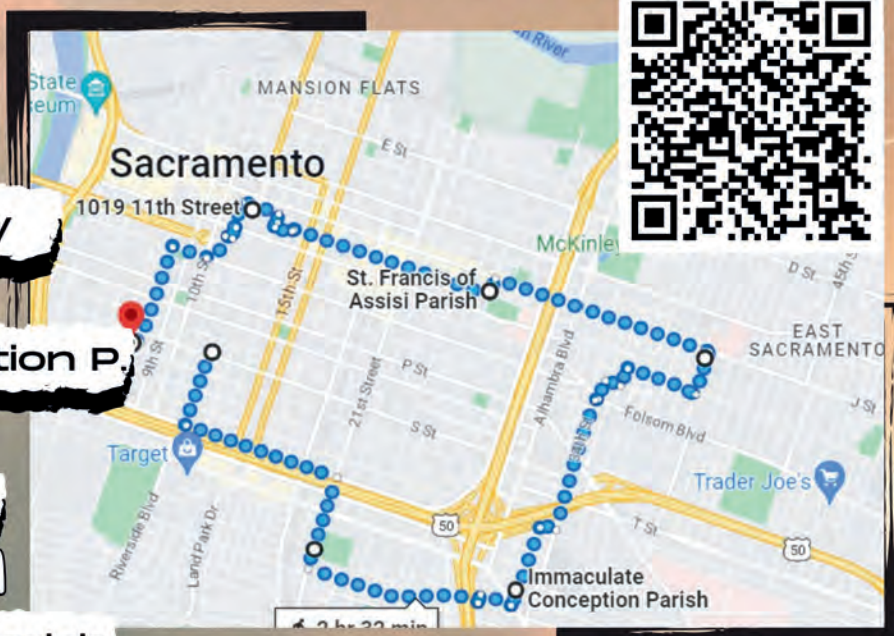
1066 26th St 11:50 AM

6 Cathedral of the Blessed Sacramento

1019 11th St 1:00 PM

7 Shrine of Our Lady of Guadalupe

711 T Street 2:00 PM



Este año el **Reto de Cuaresma**

es escuchar a Dios de 2 maneras:

1. Sintoniza la Radio 1 hora diaria.
2. Visita al Santísimo Sacramento cada día

Todo Durante 40 días  
y te garantizamos que tu vida va a cambiar.



# Peregrinación 7 Parroquias 2024

Pilgrimage

7 Parishes



Sábado 30 de marzo, de 7am a 2pm

Esta es una lista de las parroquias participantes para aquellos que no puedan caminar y desean hacerlo en carro.

- **Divine Savior** (9079 Greenback Ln, Orangevale)
- **Good Shepherd** 9539 Racquet Ct, Elk Grove)
- **Holy Family** (7817 Old Auburn Rd, Citrus Heights)
- **St Joseph Elk Grove** (9961 Elk Grove Florin Rd, Elk Grove)
- **St Joseph** (1717 El Monte Ave, Sacramento)
- **St Joseph Clarksburg** (32890 S River Rd, Clarksburg)
- **Saint Charles Borromeo** (7584 Center Pkwy, Sacramento)
- **St John Vianney** (10497 Coloma Rd, Rancho Cordova)
- **St Rose Roseville** (615 Vine Ave, Roseville)
- **St Rose of Lima** (5961 Franklin Blvd, Sacramento)
- **Cathedral of the Blessed Sacrament** (1017 11th St, Sacramento)
- **Immaculate Conception** (3263 1st Ave, Sacramento)
- **Our Lady of Guadalupe Shrine** (711 t St Sacramento)
- **St Ana** (7724 24th St, Sacramento)
- **St Paul** (8720 Florin Rd, Sacramento)
- **St Philomene** (2428 Bell St, Sacramento)
- **St Peter - All Hallows** (5501 14th Ave, Sacramento)
- **St John The Baptist** (307 Montrose Dr, Folsom)
- **St Cristobal** (950 S Lincoln Way, Galt)
- **St Lawrence** (4325 Don Julio Blvd, North Highlands)
- **Holy Cross** (1321 Anna Street West Sacramento)
- **St Robert** (2243 Irvin Way, Sacramento)
- **Holy Rosary** (575 California St, Woodland)
- **St James** (1275 B St, Davis)
- **St Peter** (105 S 2nd St, Dixon)
- **Our Lady of Lourdes** (1951 North Ave., Sacramento)
- **St Joseph Vacaville** (1791 Marshall Rd, Vacaville)
- **St Mary** (350 Stinson Ave, Vacaville)
- **Holy Spirit** (1050 N Texas St, Fairfield)
- **St Patrick** (3109 Sacramento St, Placerville)
- **St. Therese** (100 4th St, Isleton)
- **St Antony** (14012 Walnut Ave, Walnut Grove)
- **St Vincent Ferrer**(816 Santa Clara Street, Vallejo)
- **St Antony** (511 W Main St, Winter)
- **Holy Cross** (408 Laurel St, Arbuckle)
- **Annunciation** (627 Eighth St, Williams)
- **Our Lady of Lourdes** (345 Oak St, Colusa)
- **Sacred Heart** (45 Elm St, Maxwell)
- **St Isidore** (222 Clark Avenue, Yuba City)
- **St Joseph** (702 C St, Marysville)
- **Our Lady of Guadalupe** (9660 Broadway, Live Oak)
- **Sacred Heart** (1560 Hazel St, Gridley)
- **St Thomas the Apostle** (1330 Bird St, Oroville)
- **St James** (2416 Faber St, Durham)
- **St John The Baptist** (435 Chestnut St, Chico)
- **St Mary** (410 Los Robles Ave, Hamilton City)
- **St Dominic** (830 A St, Orland, CA 95963)
- **Immaculate Conception** (818 Solano St, Corning)
- **St Monica** (1129 W Wood St, Willows)
- **Sacred Heart** (515 Main St, Red Bluff)
- **St Anne Mission** (3415 Main St, Cottonwood)
- **Sacred Heart** (3141 St Stephen's Dr, Anderson)
- **Our Lady of Mercy** (2600 Shasta View Dr, Redding)
- **St Joseph** (2040 Walnut Ave, Redding)
- **St Michael Mission** (3440 Shasta Dam Blvd, Shasta Lake)
- **Mary Queen of Peace** (30719 Shingletown Ridge Rd, Shingletown)



Patty Maciel

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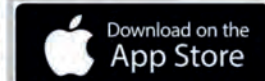
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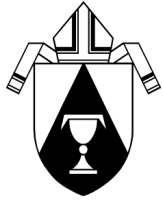
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# DIOCESE OF SACRAMENTO

## Office of Worship

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# Reglamentos de Cuaresma 2025

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## Cuaresma y Pascua

El Miércoles de Ceniza indica el inicio de la Cuaresma, tiempo en el que los fieles están llamados a reflexionar más intensamente sobre el Misterio Pascual. Es tiempo de renovación espiritual, tiempo de examinar más cuidadosamente nuestra relación con Dios y con los demás. También es un momento en el que los catecúmenos se preparan para recibir los Sacramentos de Iniciación en la Vigilia Pascual. Por tanto, la Iglesia llama a todos a un espíritu de penitencia mediante la oración, el ayuno y la limosna.

### Miércoles de Ceniza

“La bendición y distribución de las cenizas el Miércoles de Ceniza normalmente se realiza durante la celebración de la Misa. Sin embargo, cuando las circunstancias lo requieran, la bendición y distribución de las cenizas podrá realizarse aparte de la Misa, durante la celebración de la palabra de Dios.”<sup>1</sup> En este caso el “rito podrá ser celebrado por un sacerdote o diácono que podrá ser asistido por ministros laicos en la distribución de las cenizas. Sin embargo, la bendición de las cenizas está reservada a un sacerdote o diácono.”<sup>2</sup> Una descripción de esta liturgia se encuentra en el Misal Romano, al final del propio del Miércoles de Ceniza.

### Ayuno y Abstinencia

Para fomentar un espíritu de arrepentimiento y unirnos más estrechamente con Cristo, la ley de la Iglesia requiere que se observe, el Ayuno y la Abstinencia durante la Cuaresma.<sup>3</sup> (Para un estudio más detallado, consulte la constitución apostólica del Papa Pablo VI sobre el tema.<sup>4</sup>)

### Abstinencia

Todas las personas de 14 años y más tienen la obligación de abstenerse de comer carne el Miércoles de Ceniza y todos los viernes de Cuaresma. “...(Cualquier) parroquia o institución diocesana o grupo que patrocine un evento que incluya comida, no debe servir carne ningún viernes durante el año”.<sup>5</sup> Otras formas de abstinencia que también benefician son: abstenerse de bebidas alcohólicas, de televisión, de videojuegos, de internet y de las redes sociales.

### Ayuno

Todas las personas de 18 a 59 años de edad tienen la obligación de ayunar el Miércoles de Ceniza y el Viernes Santo. Se recomienda ampliamente el ayuno voluntario en otros días de la semana de la Cuaresma,

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<sup>1</sup> *Book of Blessings* #1656

<sup>2</sup> *Book of Blessings* #1659

<sup>3</sup> *Code of Canon Law* #1249-1253

<sup>4</sup> *Apostolic Constitution Paenitemini of the Supreme Pontiff Paul VI on Fast and Abstinence*

<sup>5</sup> *Diocesan Statutes* #127

especialmente los miércoles y viernes. Se entiende que el ayuno consiste en una comida completa al día. Se pueden ingerir otras dos comidas pequeñas, pero juntas no deben equivaler a una comida completa. No es permitido comer entre las comidas principales.

En caso de que peligre la salud o la capacidad de trabajo, no se aplicarían las leyes del ayuno y abstinencia. Si se tienen dudas al respecto, se ha de consultar con un sacerdote de la parroquia o con un confesor. Las personas que trabajan en aeropuertos, los viajeros y los que se encuentran a bordo de un barco o avión están exentos de las leyes de ayuno y abstinencia mientras estén de viaje (excepto el Viernes Santo). Es conveniente que practiquen algún otro acto piadoso en su lugar.

## Oración

Se insta a los católicos a leer, orar y meditar las Sagradas Escrituras especialmente durante la Cuaresma y a profundizar su fe leyendo el *Catecismo de la Iglesia Católica*. Se exhorta a los fieles a participar en los actos piadosos que ofrece la parroquia, especialmente los servicios de penitencia, Adoración Eucarística, y Liturgia de las Horas. También se fomentan otras devociones como rezar el Rosario, la Coronilla a la Divina Misericordia, visitas al Santísimo Sacramento y la oración por las vocaciones sacerdotales y a la vida consagrada. El agua bendita continúa disponible durante la cuaresma, hasta la Misa Vespertina de la Cena del Señor comienza el Triduo Pascual.

### *El Sacramento de la Reconciliación*

La Cuaresma es el tiempo óptimo para celebrar el Sacramento de la Penitencia. Los fieles están obligados a confesar sus pecados graves al menos una vez al año.<sup>6</sup> Con este fin, se exhorta a las parroquias a brindar una amplia oportunidad para que los fieles participen del Sacramento de la Reconciliación extendiendo su horario de confesiones durante la Cuaresma. Considere, por ejemplo, agregar un rito de reconciliación adicional en una noche entre semana. Se recomienda ampliamente los servicios públicos parroquiales de penitencia, los cuales se podrían combinar con las “estaciones” romanas con o sin procesión.<sup>7</sup> Sin embargo, la absolución general no es permitida.

### *Horario de Misas durante la Cuaresma*

Se invita a los fieles a asistir a Misa entre semana con la mayor frecuencia posible, especialmente durante la Cuaresma. Por lo tanto, durante la Cuaresma deben programarse las Misas diarias para facilitar la asistencia.

### *El Viacrucis*

El Viacrucis debe celebrarse en cada parroquia todos los viernes durante la Cuaresma y se debe alentar a los feligreses a participar.

### *Día de Reconciliación y de Unidad*

El segundo miércoles de marzo debe ser observado como “[un] día de penitencia por las actitudes negativas y la discriminación hacia personas de diferente cultura, etnia y raza; y de oración por la unidad en nuestra diversidad, por la igualdad, el respeto mutuo y por la paz entre todos los pueblos”.<sup>8</sup>

### Misas de Bodas

Misas Rituales para la Celebración del Matrimonio no deben llevarse a cabo el Miércoles de Ceniza, los domingos de Cuaresma, durante la Semana Santa, durante el Triduo Pascual o los domingos de Pascua.<sup>9</sup> “Debe evitarse por completo la celebración del Matrimonio el Viernes de la Pasión del Señor y el Sábado

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<sup>6</sup> *Code of Canon Law* #989

<sup>7</sup> *Roman Missal*, Proper of Time, Lent (introduction #1-2); see also *Rite of Penance* Appendix II, I

<sup>8</sup> *Diocesan Statutes* #123 §3(c)

<sup>9</sup> *Roman Missal*, 2011, Ritual Masses, V. For the Celebration of Marriage

Santo”<sup>10</sup> Los matrimonios pueden llevarse a cabo en otro tiempo durante la Cuaresma de acuerdo con las normas y estipulaciones propias de la liturgia. No obstante, las bodas fastuosas y recepciones lujosas no encajan con el espíritu penitencial de la temporada. Quienes necesiten convalidar su matrimonio antes de la Vigilia Pascual deben hacerlo antes de la Semana Santa, no el Sábado Santo ni durante la Vigilia.

### Misas de Funeral

No deben celebrarse exequias el Jueves Santo, Viernes Santo o Sábado Santo, ni los domingos de Cuaresma. Cuando consideraciones pastorales requieran celebrar un funeral en estos días, se podrá llevar a cabo la Liturgia de la Palabra con el Encomio Final y la Despedida.

### Triduo Pascual

No se ofrecerán misas el Viernes Santo ni el Sábado Santo, excepto la Vigilia Pascual en la Noche Santa. La Vigilia Pascual comienza después del anochecer que en nuestra diócesis será a las 8:45 p.m. este año.<sup>11</sup> Puede haber sólo una celebración de la Vigilia Pascual en una parroquia determinada cada año. Para obtener útil información adicional, más allá de lo que proporciona el Misal Romano, consulte la Carta Circular relacionada.<sup>12</sup> “Es ilegal separar la Confirmación y recepción de la Eucaristía de cualquier adulto o niño en edad catequética del Bautismo. (ver CIC 866)”.<sup>13</sup>

### Deber de Pascua

Todos los católicos que han sido iniciados en la Sagrada Eucaristía están obligados a recibir dignamente la sagrada comunión al menos una vez durante la temporada Pascual. En Estados Unidos, el deber de Pascua puede cumplirse a través de la Solemnidad de la Santísima Trinidad. Se alienta a los católicos a recibir la Comunión con la mayor frecuencia posible, no solo durante la Pascua, sino durante todo el año. Sin embargo, “[cualquiera] consciente de un pecado grave debe recibir el sacramento de la Reconciliación antes de acercarse a comulgar”.<sup>14</sup>

### Limosna

Desde los primeros tiempos, dar a los pobres, o dar limosna, ha sido una práctica espiritual incalculable, un deber religioso, una forma de penitencia, una expresión de la caridad cristiana y una ayuda para la conversión interior. Por lo tanto, se insta a todos los católicos a dar generosamente para ayudar a los pobres y apoyar las obras caritativas de la Iglesia, especialmente a través de su parroquia local y la Campaña Católica Anual.

También se anima a los fieles a visitar a los enfermos, a los confinados, a los ancianos y a los encarcelados, recordando las palabras de nuestro Señor Jesucristo que dijo, “Cuando lo hicieron con el más insignificante de mis hermanos, conmigo lo hicieron” (Mateo 25:40). El ayuno y la abstinencia junto con la limosna y las obras de caridad nos unen a Cristo crucificado reflejado en la imagen de nuestros hermanos y hermanas que sufren.

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<sup>10</sup> *The Order of Celebrating Matrimony*, 2016, #32

<sup>11</sup> <https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/triduum/roman-missal-and-the-easter-vigil> (see footnote 1)

<sup>12</sup> *Circular Letter Concerning Preparation and Celebration of Easter Feasts*, Congregation for Divine Worship, 1988

<sup>13</sup> *Guidelines for the Implementation of the Rite of Christian Initiation of Adults for the Diocese of Sacramento*, October 2016, #103.6.2.

<sup>14</sup> *Catechism of the Catholic Church* #1385



## Cubrir las Cruces e Imágenes

*En las Diócesis de los Estados Unidos se puede observar la práctica de cubrir cruces e imágenes en toda la iglesia desde este [Quinto Domingo de Cuaresma]. Las cruces permanecen cubiertas hasta el final de la Celebración de la Pasión del Señor el Viernes Santo, pero las imágenes permanecen cubiertas hasta el inicio de la Vigilia Pascual.<sup>15</sup>*

## Iniciación

*La Iniciación Cristiana de adultos y niños en edad catequética incluye en una celebración: Bautismo, Confirmación y Eucaristía. De acuerdo con la antigua práctica de la Iglesia, estos sacramentos deben recibirse juntos y en su debido orden.<sup>16</sup>*

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<sup>15</sup> *Roman Missal*, instruction for the Fifth Sunday of Lent

<sup>16</sup> *Guidelines for the Implementation of the Rite of Christian Initiation of Adults for the Diocese of Sacramento*, October 2016, #103.6.1